

ANDES SOCKS Heel Flap Socks

To Fit Size:

Ladies small/medium (Ladies large,
Men's medium/large)

Materials:

Andes Socks:

1 (1, 2) - 100g hanks, shown in color 10
grey mix

Gauge:

32 sts = 4" on a US 2 needle over st st.

Needles:

1 set double pointed needles- size US 2,
or size necessary to obtain given gauge.



Note: When slipping sts, always slip as if to purl, except for the SSK.

SOCK CUFF:

With one needle, cast on 60 (64, 72) sts.
Divide onto 3 needles. Being careful not to
twist the sts, join and work in the round as
follows: (K2, P2) around. Work in K2, P2
ribbing for 6 (7, 8)". Knit 4 rounds. At
beginning of next round, divide for heel.

DIVIDE FOR HEEL:

Transfer sts around so that there are 30 (32, 36) sts on the first needle, and 15 (16, 18) sts on each of the other two needles. Work back and forth across the first needle ONLY as follows:

Row 1: (Slip 1, k1), repeat across.

Row 2: Slip the first st, PURL ACROSS ALL THE REMAINING STS.

Repeat these 2 rows for 30 (32, 36) rows total, then work row 1 once more. Heel will be 31 (33, 37) rows long.

TURN HEEL:

Row 1: Purl to 2 sts beyond the center: 17 (18, 20) sts, p2tog, p1, TURN.

Row 2: Slip 1, K5, k2tog, k1, TURN.

Row 3: Slip 1, purl to 1 st before the last turn (you'll see a small gap where the last turn was), p2tog, p1, TURN.

Row 4: Slip 1, knit to 1 st before the last turn (look for the gap), k2tog, k1, TURN.

Repeat rows 3 & 4 until all sts at the ends are used up, ending with a knit row. There will be 18 (18, .20) sts left.

GUSSET:

Continuing to work on the same needle, pick up and knit 15 (16, 18) sts along the side of the heel (needle 1). Using a new needle, knit across the sts on the next 2 needles (needle 2). Using a new needle, pick up and knit 15 (16, 18) sts along the other side of the heel, and continue knitting to the center of the heel sts: 8 (9, 10) sts (needle 3). There should now be 24 (25, 28) sts on needles 1 & 3, and 30 (32, 36) sts on needle 2. The center of the heel is the beginning of the round, needle 2 contains the instep sts.

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Begin decreasing as follows:

Round 1: Knit.

Round 2: Knit to within 3 sts of the end of the first needle, k2tog, k1.

Knit across second needle. On third needle: K1, SSK, knit to end.

Repeat rounds 1 & 2 until there are 15 (16, 18) sts left on both needles 1 & 3. Needle 2 will remain at 30 (32, 36) sts since no decreases take place there. You will now be back to the original # of sts: 60 (64, 72). Begin to knit in the round again until length from back of heel is 1½" less than desired length of finished sock. At this point you can slip the sock on to see the length. Only the toes should stick out.

TOE SHAPING:

Rearrange the sts on the needles if necessary so that there are now 15 (16, 18) sts on each of needles 1 & 3, and 30 (32, 36) sts on needle 2. Begin decreasing as follows:

Round 1: On needle 1: Knit to last 3 sts, k2tog, k1. On needle 2: K1, SSK, knit to last 3 sts, k2tog, k1.

On needle 3: K1, SSK, knit to end (center of heel).

Round 2: Knit.

Repeat rounds 1 & 2 until there are 24 (24, 28) sts left.

KITCHNER STITCH:

Continuing to work with needle 3, knit to the end of needle 1. There are now only 2 needles in use, 12 (12, 14) sts on each.

Cut the yarn, leaving 18". Thread it onto a blunt needle. Hold the 2 needles parallel, you will now have a front needle and a back needle. Always keep the yarn beneath the needle as you work.

Step 1: Go into the first stitch on the front needle as if to knit, pull the stitch off the needle.

Step 2: Go into the second stitch on the front needle as if to purl, leave stitch on the needle.

Step 3: Go into the first stitch on the back needle as if to purl, pull the stitch off of the needle.

Step 4: Go into the second stitch on the back needle as if to knit, leave the stitch on the needle.

Now you have 4 new sts to work with. Repeat steps 1 - 4 until all sts are woven. Anchor on inside, weave in ends.

Make a second sock, counting rows to make sure it is the same size.

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